12:00 **4 x 200m Relay Heats/Finals**
U11G, U13G, U15G, u17W, U20W, U11B, U13B, U15B, U17M, U20M

1. **Top 6 times in heats make the final** (no guaranteed qualification for winning a heat). After all that's how we run the league meetings – fastest times get top points.
2. **Final seeded lanes according to qualifying time** – lane seed order
   1st – lane 4, 2nd – lane 5, 3rd – lane 3, 4th - lane 6, 5th – lane 2 & 6th – lane 1

Track – straight

14:00 60m A String U11G
14:03 60m B String U11G
14:06 60m U13G
14:09 60m U15G
14:12 60m U17W
14:15 60m U20W
14:20 60m A String U11B
14:23 60m B String U11B
14:26 60m U13B
14:29 60m U15B
14:32 60m U17M
14:35 60m U20M
15:00 60m Hurdles U13G
15:05 60m Hurdles U15G
15:10 60 Hurdles U13B
15:20 60m Hurdles U17W
15:25 60m Hurdles U15B
15:30 60m Hurdles U20W
15:40 60m Hurdles U17M
15:45 60m Hurdles U20M
15:00 High Jump U17M

Field

12:30 Long Jump U13B
12:30 Shot Putt U17M
12.30 Shot Putt U20M
13:00 High Jump U13G
13:00 Long Jump U15B
13:00 High Jump U15G
13:00 High Jump U17W
13:00 High Jump U20W
13:30 Long Jump U17M
13:30 Shot Putt U17W
13:30 Long Jump U20M
13:30 Shot Putt U20W
14:15 Shot Putt U15B
14:15 Long Jump U17W
14:15 Long Jump U20W
14:15 Shot Putt U13B
15:30 Long Jump U15G
15:00 Shot Putt U15G
15:00 High Jump U13B
15:00 High Jump U15B
15:00 High Jump U20M

Track - circular

14:40 800m U17W
14:45 800m U17M
14:50 800m U20W
14:55 800m U20M
15:20 600m A String U11G
15:25 600m B String U11G
15:30 600m A String U11B
15:35 600m B String U11B
16:00 800m U13G
16:05 800m U13B
16:10 800m U15G
16:15 800m U15B
16:20 200m U13G
16:24 200m U15G
16:28 200m U17W
16:32 200m U20W
16:35 200m U13B
16:38 200m U15B
16:41 200m U17M
16:47 200m U20M
16:50 300m U17W
16:55 300m U15G
17:00 400m U15B
17:05 400m U17M
17:10 400m U20W
17:15 400m U20M
17:20 Relay finals (as required)

15:00 Long Jump U13G
15:30 Shot Putt U13G
16:00 Standing Long Jump U11G
16:00 Triple Jump U17M
16:00 Triple Jump U20M
16:30 Standing Long Jump U11B
16:30 Triple Jump U17W
16:30 Triple Jump U20W