Scottish Athletics Throws Grand Prix
Livingston
23 Jul 16

SP7.26K SP6K SP5K SP4K SP3.25K SP3K SP2.72K SP2K CT DT2K DT1.75K DT1.5K DT1.25K DT1K DT0.75K
HT7.26K HT6K HT5K HT4K HT3K HT2K JT800 JT700 JT600 JT500 JT400

Has your performance not been assigned to your profile yet? Just click the envelope beside your performance below to notify us and get it on your profile.

SP7.26K SM A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	13.41	Willie Falconer		V35	M	37	20.12.78		Edinburgh AC/Stirling Uni	13.84	15.32
2	11.94	Dan Upton		V40	M	40	12.11.75	Dan Upton	Trafford/Veterans/Northern Vets/Midland Masters Th	12.22	12.22
3	11.87	Andrew Murphy		U23	M	21	26.12.94	Sandy Ewen	Kilbarchan/Glasgow Uni	12.86	13.87
4	11.47	Graham Porterfield		V35	M	36	29.12.79	Colin McCulloch	Aberdeen	11.90	11.90

SP6K U20M A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	11.50	Daniel Wilby	PB	U20	M	17	16.12.98	Duncan Flockhart	Inverness	11.50	11.50

SP5K U17M A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	12.85	Ben Wightman		U17	M	15	01.03.01	Alan Erickson	Perth Strathtay	13.43	13.43
2	11.40	John Angus		U17	M	15	03.10.00		Aberdeen	11.94	11.94
3	11.06	David Lees		U17	M	16	23.06.00		Larkhall/Law	11.49	11.49

SP5K U17M B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	7.41	Steven Sey		U17	M	15	31.01.01		Aberdeen	8.30	8.30

SP4K SM F55

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	10.09	Robin Womack F55		V45	M	45	29.05.71	Alison O'Riordan	Uknetrunner/British Wheelchair Athletics Associati	10.29	11.34
2	9.92	Lee Lower F55		SEN	M			Joyce Rammell	British Wheelchair Athletics Association/Nithsdale	10.25	10.25

SP4K U15M B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	8.73	Oliver Maher	PB	U15	M	12	04.08.03	Craig Armstrong	Giffnock North	8.73	8.73

SP4K M75 B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	11.60	John Scott	SB	V75	M	75	17.07.41		Shettleston/Northern Vets	11.60	12.78

SP4K SW A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	12.14	Mhairi Porterfield		V35	W	35	19.06.81	Colin McCulloch	Victoria Park City of Glasgow	12.99	13.78
2	10.26	Katie Ord		U23	W	19	04.12.96	Thomas Graham	Victoria Park City of Glasgow/Glasgow Uni/South La	11.33	11.33

SP4K SW C

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	8.98	Claire Cameron	SB	V55	W	57	03.10.58		Victoria Park City of Glasgow/Scottish Vets H/Poli	8.98	10.67
2	6.52	Lee-ann Gunn	PB	V40	W	43	14.06.73		Montrose & District	6.52	6.52

SP3.25K U13M C

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	8.17	Archie Fuller	PB	U13	M			Stephen Ross	Chirnside	8.29	8.29
2	7.47	Craig Watts		U13	M				Inverness	7.94	7.94

SP3K SM F33

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	9.29	Kieran Tscherniawsky F33		SEN	M	24	18.01.92	Jim Edwards	Charnwood	9.31	10.72
2	3.23	Jonathan Brown F33	SB	SEN	M	28	16.12.87		Unknown	3.23	3.59

SP3K SW F35

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	7.45	Anna Nicholson T35/F35	PB	U23	W	21	13.04.95	Claire Buckle	Gateshead/Newcastle Uni	7.45	7.45

SP3K SW F37

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	9.03	Bev Jones F37/T37		V40	W	41	17.10.74	John Parkin	Gloucester/Deeside AAC	9.76	10.35

SP3K U17W B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	8.78	Jade Keisler	SB	U17	W	15	25.04.01		Law	8.78	9.15

SP3K U17W C

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	7.40	Katie Gray		U17	W	15	10.10.00	Duncan Flockhart	Inverness	8.27	8.27

SP3K U15W A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	9.65	Hayley Berry		U15	W	13	04.07.03	Donald Mcleod	Law	10.35	10.35

SP3K U15W C

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB

1	8.59	Emma Solley		U15	W				Edinburgh AC	9.09	9.09	
2	8.22	Leah Keisler	PB	U15	W	13	03.05.03		Law	8.22	8.22	
3	7.71	Emma Gunn		U15	W	14	25.09.01		Montrose & District	8.10	8.10	
4	7.28	Aimie Hendry		U15	W	13	08.04.03		Cumbernauld/Team North Lanarkshire	7.71	7.71	

SP2.72K U11M C

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	5.60	Shaun Golden	PB	U11	M				Inverness	5.60	5.60	

SP2.72K U13W B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	7.89	Stella Coutts		U13	W			Donald Pegrum	Cumbernauld	8.40	8.96	

SP2.72K U13W C

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	4.60	Imogen Maher	PB	U13	W				Giffnock North	4.60	4.60	

SP2K U11W B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	10.28	Meghan Porterfield	PB	U11	W			Colin McCulloch	East Kilbride	10.28	10.28	

CT SM F32

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	31.40	Stephen Miller F32		V35	M	36	27.05.80	Rosalynd Miller	Gateshead	31.68	34.37	
2	28.20	Thomas Green F32	SB	SEN	M	25	07.04.91	Kenneth Green	Marshall Milton Keynes	28.20	29.58	
3	22.77	Graham Condie F32	SB	SEN	M	25	03.12.90	Bronwin Carter	Red Star/Southampton Solent Uni	22.77	25.01	

DT2K SM A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	49.98	Angus McInroy		SEN	M	29	14.02.87	Hugh Murray	Shaftesbury Barnet/Shettleston/Glasgow Uni	53.48	58.77	
2	37.74	Andrew Murphy		U23	M	21	26.12.94	Sandy Ewen	Kilbarchan/Glasgow Uni	39.64	40.28	
3	29.83	Dan Upton		V40	M	40	12.11.75	Dan Upton	Trafford/Veterans/Northern Vets/Midland Masters Th	32.17	33.82	

DT1.75K U20M A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	37.87	Edward Jeans		U20	M	17	28.09.98	Bob Welfare	Preston	40.40	40.40	
2	34.11	Ruaridh Gray		U20	M	17	28.12.98	Duncan Flockhart	Inverness	36.42	36.42	
3	32.87	Daniel Wilby	PB	U20	M	17	16.12.98	Duncan Flockhart	Inverness	32.87	32.87	

DT1.5K U18M A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	34.37	William Watts		U20	M	17	20.06.99	Duncan Flockhart	Inverness	37.40	42.41	

DT1.5K U17M A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	31.90	Matthew Law		U17	M	15	17.11.00	Stuart Law	Arbroath & District	35.79	35.79	
1	31.90	John Angus		U17	M	15	03.10.00		Aberdeen	34.39	34.39	
3	31.71	David Lees		U17	M	16	23.06.00		Larkhall/Law	33.00	33.00	

DT1.25K U15M A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	41.69	Finbar Dunne	PB	U15	M	14	20.09.01	Duncan Flockhart	Inverness	41.69	41.69	
2	27.54	George Russell	PB	U15	M				Inverness	27.54	27.54	

DT1.25K U15M B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	19.76	Oliver Maher	PB	U15	M	12	04.08.03	Craig Armstrong	Giffnock North	19.76	19.76	
2	18.08	Harry Fuller	PB	U15	M	14	15.05.02	Stephen Ross	Chirnside	18.08	18.08	
3	17.67	Paul Wilby		U15	M			Keith Geddes	Inverness	21.19	21.19	

DT1K SM F32

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	10.31	Graham Condie F32		SEN	M	25	03.12.90	Bronwin Carter	Red Star/Southampton Solent Uni	13.52	13.52	

DT1K SM F33

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	9.50	Jonathan Brown F33	SB	SEN	M	28	16.12.87		Unknown	9.50	11.70	

DT1K U13M B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	23.97	Craig Watts		U13	M				Inverness	24.14	24.14	
2	18.48	Archie Fuller		U13	M			Stephen Ross	Chirnside	18.73	18.73	
3	15.73	Finlay Steel	PB	U13	M				Dunfermline Track & Field	15.73	15.73	

DT1K SW B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	27.13	Claire Cameron		V55	W	57	03.10.58		Victoria Park City of Glasgow/Scottish Vets H/Poli	28.23	46.34	
2	20.57	Lee-ann Gunn	PB	V40	W	43	14.06.73		Montrose & District	20.57	20.57	

DT1K SW F35

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	

1	19.78	Anna Nicholson T35/F35	SB	U23	W	21	13.04.95	Claire Buckle	Gateshead/Newcastle Uni	19.78	21.89	

DT1K SW F37

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	26.38	Bev Jones F37/T37		V40	W	41	17.10.74	John Parkin	Gloucester/Deeside AAC	29.26	31.99	

DT1K U20W A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	28.33	Mary Flockhart		U20	W	17	04.10.98	Duncan Flockhart	Inverness	30.01	30.01	

DT1K U17W A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	33.77	Rebecca Porter		U17	W	16	21.10.99	Colin McCulloch	Herts Phoenix/Pitreavie	34.88	37.28	
2	28.34	Charlotte Steele		U17	W	16	23.11.99		Victoria Park City of Glasgow	30.33	32.65	

DT1K U15W B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	23.34	Emma Gunn	PB	U15	W	14	25.09.01		Montrose & District	23.34	23.34	
2	21.55	Lauryn Wood	PB	U15	W				Perth Strathtay	21.55	21.55	
3	21.31	Emma Solley		U15	W				Edinburgh AC	21.67	21.67	
4	15.32	Isla Steel	PB	U15	W	13	14.07.03		Dunfermline Track & Field/Forth Valley	15.32	15.32	

DT0.75K U13W B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	17.81	Stella Coutts		U13	W			Donald Pegrum	Cumbernauld	19.05	19.05	

HT7.26K SM A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	46.77	David Little		V35	M	35	28.02.81		Glasgow City/Shettleston	48.04	59.15	

HT7.26K SM B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	32.53	Graham Porterfield		V35	M	36	29.12.79	Colin McCulloch	Aberdeen	37.41	38.39	

HT6K U20M A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	62.29	Edward Jeans	PB	U20	M	17	28.09.98	Bob Welfare	Preston	62.29	62.29	
2	54.28	Craig Mullins		U20	M	18	24.05.98	Susan McKelvie	Moorfoot	57.65	57.65	

HT6K U20M B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	46.26	Ruaridh Gray		U20	M	17	28.12.98	Duncan Flockhart	Inverness	49.82	49.82	
2	44.41	Jack Mitchell		U20	M	18	08.03.98	Margery Swinton	Moray	49.64	49.64	

HT5K U17M C

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	22.96	George Macdonald		U17	M	15	08.10.00		Falkirk	26.88	26.88	

HT4K U15M A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	48.44	Matt MacFarlane		U15	M				Inverness	49.23	49.23	

HT4K U15M C

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	25.98	Oliver Maher		U15	M	12	04.08.03	Craig Armstrong	Giffnock North	28.12	28.12	

HT4K M70 A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	37.40	Bill Gentleman		V75	M	76	11.02.40		Edinburgh AC/Northern Vets	39.96	47.60	

HT4K SW A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	52.76	Mhairi Porterfield	SB	V35	W	35	19.06.81	Colin McCulloch	Victoria Park City of Glasgow	52.76	58.47	

HT4K SW B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	40.15	Katie Ord		U23	W	19	04.12.96	Thomas Graham	Victoria Park City of Glasgow/Glasgow Uni/South La	41.34	41.34	

HT4K U20W B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	46.60	Natalie Robbins		U20	W	17	30.11.98	Susan McKelvie	Edinburgh AC	48.28	48.28	

HT3K SW C

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
2	23.42	Julie Porter	SB	V50	W			Julie Porter	Pitreavie	23.42	23.94	

HT3K U17W A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	49.15	Emma Rae		U17	W	16	27.06.00	Colin McCulloch	Pitreavie	56.54	56.54	

HT3K U17W B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	38.01	Kelsey Barbour		U17	W				Inverness	39.61	39.61	
2	34.32	Kimberley Hawke		U17	W	15	19.03.01	Colin Christie	Montrose & District	36.77	38.57	

HT3K U17W C

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB	
1	35.99	Jade Keisler	PB	U17	W	15	25.04.01		Law	35.99	35.99	

HT3K U15W A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	51.69	Kirsty Costello	PB	U15	W	13	22.09.02	Jim Green	Kilbarchan	51.69	51.69
2	42.16	Shannon Waldron	PB	U15	W	14	08.09.01		Law	42.16	42.16

HT3K U15W B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	36.56	Rachel MacLennan		U15	W				Inverness	40.01	40.01

HT3K U15W C

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	20.93	Lauryn Wood	PB	U15	W				Perth Strathtay	20.93	20.93

HT3K U13W C

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	31.61	Stella Coutts	PB	U13	W			Donald Pegrum	Cumbernauld	31.61	31.61

HT3K W50 B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	27.05	Claire Cameron		V55	W	57	03.10.58		Victoria Park City of Glasgow/Scottish Vets H/Poli	27.36	33.75

HT2K U13M B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	28.06	Cian Jones		U13	M				Moray	28.62	28.62

HT2K U11W C

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	29.71	Meghan Porterfield	PB	U11	W			Colin McCulloch	East Kilbride	29.71	29.71

JT800 SM A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	50.91	Chris Smith		V40	M	40	27.11.75		Arbroath & District/Border	55.64	66.76

JT800 SM F44

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	34.76	Michael Mellon F44		V35	M	36	16.05.80	Gordon Loudon	Pitreavie	38.52	40.00

JT800 U20M A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	40.92	Finlay MacLeay		U20	M	17	08.02.99	Duncan Flockhart	Inverness	44.17	44.17

JT700 U17M A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	52.31	Patrick Dunne		U17	M	16	02.12.99	Duncan Flockhart	Inverness	56.23	56.23
2	45.11	David Lees		U17	M	16	23.06.00		Larkhall/Law	47.88	47.88

JT600 U15M B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	23.19	Paul Wilby		U15	M			Keith Geddes	Inverness	24.00	24.00
2	16.39	Harry Fuller		U15	M	14	15.05.02	Stephen Ross	Chirnside	21.64	21.64

JT600 SW B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	21.29	Lee-ann Gunn		V40	W	43	14.06.73		Montrose & District	23.10	23.10

JT600 U20W A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	36.10	Ellie Fulton		U20	W	17	18.06.99		Kilbarchan	39.13	39.13
2	31.05	Mary Flockhart		U20	W	17	04.10.98	Duncan Flockhart	Inverness	34.07	34.07

JT500 U17W A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	35.37	Charlotte Steele		U17	W	16	23.11.99		Victoria Park City of Glasgow	35.96	35.96
2	32.44	Evie Bartl		U17	W	15	15.08.00		Kilmarnock/Giffnock North	37.30	37.30
3	29.02	Amy Preiss		U17	W	15	17.07.01	Amy Preiss	Edinburgh AC	31.44	32.99

JT500 U15W A

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	38.59	Keira Waddell	PB	U15	W	14	03.10.01	Alexander McGregor	Chirnside	38.59	38.59
2	35.06	Kirsty Costello		U15	W	13	22.09.02	Jim Green	Kilbarchan	35.32	35.32
3	25.76	Hayley Berry		U15	W	13	04.07.03	Donald Mcleod	Law	28.85	28.85

JT500 U15W B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	24.95	Isla Steel	PB	U15	W	13	14.07.03		Dunfermline Track & Field/Forth Valley	24.95	24.95
2	24.23	Emma Solley		U15	W				Edinburgh AC	26.05	26.05
3	23.48	Lauryn Wood		U15	W				Perth Strathtay	24.67	24.67
4	21.90	Emma Gunn	PB	U15	W	14	25.09.01		Montrose & District	21.90	21.90

JT400 U13M B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	32.23	Craig Watts	PB	U13	M				Inverness	32.23	32.23
2	28.40	Finlay Steel	PB	U13	M				Dunfermline Track & Field	28.40	28.40

JT400 U11M B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB

1	16.44	Shaun Golden	PB	U11	M				Inverness	16.44	16.44

JT400 U13W B

Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
3	11.32	Imogen Maher	PB	U13	W				Giffnock North	11.32	11.32