The Scottish Schools' Athletic Association

Notes on
The Twenty-first Joint Boys & Girls Secondary T&F Championships

Grangemouth Stadium
Friday 9th June at 11:00am and Saturday 10th June at 10:00am
& Saturday 3rd June

Entry can only be made online. See separate sheet for full instructions. The closing date for entry is Wednesday 12th May 2017. Only online entry will be accepted and no late entries are possible. The Convener is Janice Hendrie

AGE GROUPS All age groups are taken as at 31st August/1st September 2017
Group A - 0/17; Group B – U/17; Group C – U/15; Group D - U/14.
Pupils must be in Secondary school.

This is the Twenty-first Joint Boys' and Girls' Championships. Changes made last year have been retained. These had to be made to the programme because of UKA rule amendments affecting some age groups and our officials.

D Group

- **Can only enter and compete** in 2 events over the Championship. (This includes the **Hammer event on Saturday 3rd June** as well as Friday 9th & Saturday 10th)
- 800m & 1500m Heats for Boys & Girls will take place on Friday 9th with Finals on Saturday 10th. This means that Group D cannot participate in both of these events.
- There is no Triple Jump for group D Boys

C Group

- **Can only enter and compete** in 2 events over the Championship. (This includes the **Hammer event on Saturday 3rd** June as well as Friday 9th & Saturday 10th)
- Boys & Girls will take part over 300m & 300m Hurdles
- There is no Triple Jump for group C Boys

A & B Groups

- **All Steeplechase events will take place at the Pentathlon Championships on Saturday 3rd June.**
  NB. These are events are still part of the T&F Championships and will count as one of 3 allowed events
- All 3K & 5K events for will now take place on Friday 9th June. This means that these athletes cannot take part in both the 3K & 1500m.

It is imperative that schools are especially careful in filling in dates of birth, because if dates of birth are inaccurate, then the athlete could miss his/her event by arriving on the Saturday, only to find that the event took place on the Friday. It is also very important that athletes are entered in the correct event. e.g. an athlete could be entered for Triple Jump but was expected to be entered for the Long Jump and could subsequently come on the wrong day.

A list of events for both days is included.
Please note that :
Group C&D Hammer events for both boys & girls
Group A & B Steeplechase events for boys & girls
will take place on Saturday 3rd June during the Pentathlon Championships.

Group A&B Hammer throwers are asked to be prepared to compete at 9.00 a.m. on Friday 9th and that the rest of the Friday programme wiII start at 11.00 a.m.
The final programme of events will be available on the website, after 12th May, when all entries have been received.

Once you have entered online, you should send a cheque for entry fees - £6.00 per athlete per event payable to SSAA, to Janice, Hendrie, with the enclosed entry fee form, which must also include the name of the accompanying adult, no later than 12th May.

Once again, it is essential that there are enough officials to enable the event to run as smoothly as possible. As a Schools' Association, we owe an enormous debt to the highly qualified SAL officials who help every year but we must also try to ensure that there are enough School officials. As well as asking for officials on the separate form, every school entering an athlete MUST also name the accompanying adult, who will be responsible for the athletes. The adult does not have to be a member of the school staff.

QUALIFYING STANDARDS On one of the enclosed sheets will be found a list of qualifying standards for 2015. Each competitor should have reached and preferably have surpassed the standard for the event before he or she is entered.
Competitors must demonstrate a competence in their event to be allowed to compete.

No school may enter more than two competitors in any event.

Starting Heights

High Jump

Boys A&B	1m60	Boys C	1m40	Boys D	1m30
Girls A&B	1m35	Girls C	1m30	Girls D	1m20

Pole Vault

Boys A	2m40	Boys B	2m30	Boys C	2m10	Boys D	2m00
Girls A&B	2m20	Girls C&D	2m00				

N.B. THE NUMBER OF EVENTS FOR WHICH A COMPETITOR MAY BE ENTERED IS THUS RESTRICTED:

a) **Groups C& D pupils are restricted to 2 events over the championships.**
b) **Groups A& B pupils are restricted to 3 events over the championships.**
c) **No pupil is allowed to compete in more than two events, on one day.**
d) **No pupil may compete in two events of 300m/400m and over on one day.**
e) **Championship Events taking place on Saturday 3rd June are included in the maximum of events allowed**

The FULL NAME, Personal Best Performance (P.B.) and Date of Birth (D.O.B.) must be accurate

A fee of £6 will be charged for each competitor in each event - i.e. an athlete entered for 100m, 200m and Long Jump will be charged £18:00, not £6:00.

In Field Events - Long Jump, Triple Jump, Shot, Discus, Javelin, Hammer - all athletes will he allowed three attempts. The best eight will be given a further three trials. Competitors in Pole Vault must bring their own poles. Athletes may use their own throwing equipment, provided that they bring a recent certificate of weight.

The recognised school vest (not club vest) should be worn. SSAA International vests may be worn, if the school agrees. If there is no school vest, then a plain vest should be worn.

SSAA medals will be presented to the 1st, 2nd and 3rd placed athletes in each event. Standard badges will be awarded to all pupils who equal or better the badge standard. Please inform your athletes that the responsibility of collecting a standard badge is theirs and that they should collect it as soon as possible after their event is completed.

SCHOOLS' TRACK AND FIELD INTERNATIONAL The 2017 SlAB International will take place on 15th July in Santry, Ireland. The 1st, 2nd and 3rd placed athletes in Group B (U/17) will be asked to fill in availability forms, although only two athletes per event will be selected.

Saturday 3rd June 2017 (during Pentathlon Championships)

Boys D	Boys C	Boys B	Boys A
Hammer	Hammer	1500m S/C	2000m S/C

Girls D	Girls C	Girls B	Girls A
Hammer	Hammer	1500m S/C	1500m S/C

Friday 9th June 2017

Boys D	Boys C	Boys B	Boys A
200m	200m	100m	100m
800m Heats	800m	100m Hurdles	110m Hurdles
1500m Heats	LJ	400m	400m
	SP	1500m	1500m
		3000m	5000m
		HJ	LJ
		TJ	DT
		DT	SP
		JT	HT
		HT	

Girls D	Girls C	Girls B	Girls A
200m	200m	80m Hurdles	100m Hurdles
800m Heats	800m	100m	100m
1500m heats	HJ	300m	400m
HJ	LJ	1500m	1500m
PV	PV	3000m	3000m
SP	JT	PV	LJ
		SP	PV
		JT	SP
		HT	JT
			HT

Saturday 10th June 2017

Boys D	Boys C	Boys B	Boys A
80m Hurdles	80m Hurdles	200m	200m
100m	100m	400m Hurdles	400m Hurdles
800m Final	300m	800m	800m
1500m Final	300m Hurdles	LJ	HJ
HJ	1500m	PV	TJ
LJ	HJ	SP	PV
SP	JT		JT
DT	DT		
JT	PV		
PV			

Girls D	Girls C	Girls B	Girls A
75m Hurdles	75m Hurdles	200m	200m
100m	100m	300m Hurdles	400m Hurdles
800m Final	300m	800m	800m
1500m Final	300m Hurdles	HJ	HJ
LJ	1500m	LJ	TJ
DT	SP	TJ	DT
JT	DT	D T	