LIVINGSTON JUNIOR GRAND PRIX

WHAT

A Saturday morning multi-events competition. Every athlete does a run, jump, throw and team relay race.

WHO

For all Livingston Club and RJT athletes, from Under 10 to Under 16. All athletes taking part will receive a medal.

WHEN

Saturday 11 April 2026

Saturday 23 May 2026

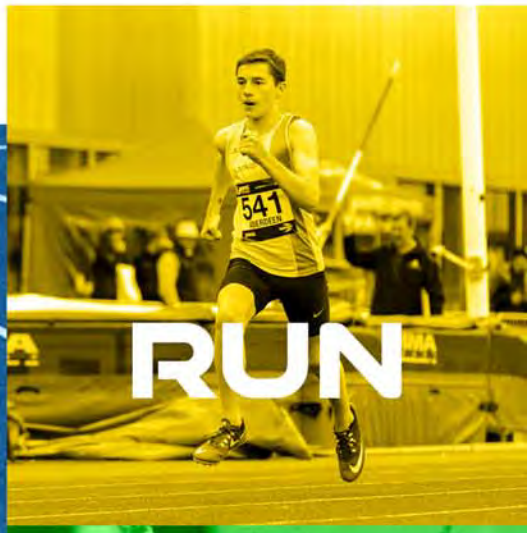
Saturday 4 July 2026

Saturday 15 August 2026

9.30 am - 1.00 pm

WHERE

Xcite Craigswood Sports Centre, Livingston









Pre-entry only at:

livingstonac.com/gp

LIVINGSTON JUNIOR GRAND PRIX

11 APR

U10	U12	U14	U16
60m x2	80m & 150m	100m & 200m	100m & 300m
Std. Long Jump	Long Jump	Long Jump	Long Jump
Turbo Javelin	Turbo Javelin	Javelin	Javelin
4x100m Relay	4x100m Relay	4x100m Relay	4x100m Relay

23 MAY

U10	U12	U14	U16
60m x2	80m & 150m	100m & 200m	100m & 200m
Std. Long Jump	Long Jump	Long Jump	Long Jump
Shot Put	Shot Put	Shot Put	Shot Put
4x100m Relay	4x100m Relay	4x100m Relay	4x100m Relay

4 JULY

U10	U12	U14	U16
60m x2	80m & 150m	100m & 200m	100m & 300m
Std. Long Jump	Long Jump	Long Jump	Long Jump
Turbo Javelin	Turbo Javelin	Javelin	Javelin
4x100m Relay	4x100m Relay	4x100m Relay	4x100m Relay

15 AUG

U10	U12	U14	U16
60m x2	80m & 150m	100m & 200m	100m & 200m
Std. Long Jump	Long Jump	Long Jump	Long Jump
Shot Put	Shot Put	Shot Put	Shot Put
4x100m Relay	4x100m Relay	4x100m Relay	4x100m Relay

AGE GROUPS

U10: 2017 - 2018
U12: 2015 - 2016
U14: 2013 - 2014
U16: 2011 - 2012